



Affiliated with
NewYork-Presbyterian

CARE PARTNER PROGRAM



Supporting a Loved One or Friend During Their Hospital Stay



www.nygsh.org

CARE PARTNER PROGRAM

Our Care Partner Program creates a partnership between patients, loved ones and staff to promote healing and recovery. A Care Partner can be a spouse, parent, sibling, significant other, or friend of the patient.

Patients have the ability to choose a Care Partner to participate in their care while they are in the hospital. Their Care Partner may:

- Join in discussion about treatment
- Provide patients with emotional and spiritual support
- Learn about relapse prevention and coping strategies
- Join leisure activities and therapeutic groups
- Help plan for discharge and provide continuity from hospital to home

How does Care Partnering Help?

- Reduces patient anxiety
- Feedback from the Care Partner's perspective and expertise is included in the treatment plan
- Empowers the Care Partner and patient by providing psychoeducation and support
- Increases confidence and competence in caring for and supporting the patient post discharge

For More Information

If you would like to learn more about the Care Partner Program, please contact your assigned social worker.

About Gracie Square Hospital

For more than six decades, Gracie Square Hospital has provided comprehensive and personalized behavioral health care in a warm and healing environment. We are the only freestanding inpatient healthcare institution in Manhattan and continue to be a leader in behavioral health. We take a holistic approach to treat each individual's mental health, employing immersive programming specially tailored to focus on the mind, body, and soul of each patient. Throughout treatment, our multidisciplinary care team collaborates with patients, their loved ones, and the networks that surround them — an approach we take to facilitate the recovery and return of our patients to their families and communities.



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